

# Eco-Dye & Stitch – 3-hour Lavender Bag Workshop - £25 including materials

Monday 10 May 6 – 9pm



Simple eco-dye techniques and stitch processes combine for you to create lavender bags using sustainable materials from gathered plant matter.

You will be provided with a kit by post that includes materials for you to make 3 finished lavender bags, a mini-stitch sample, and a bag for you to have a 'first-go' at things during the session ... you could really create 4!

Each bag is designed to have an optional loop tab so that you may hang them, or attach them together to make a garland. Tiny glass beads finish the thread ends and provide a little glint of light if the bag is hung in a window.

Suitable for beginners to embroidery, you will use basic running stitch, chain stitch, cross stitch and seeding techniques to create a sample from which to inform your design. Short technique films may be provided to you after the workshop to enable refreshment of memory and to practice the tactile pleasure of simple, slow embroidery using sustainable materials. If you are familiar with stitch but would like to explore eco-dyed materials this session is a good opportunity to try your hand.

In the session:

- A brief introduction to the inspiration behind the design
- About the plant-based materials – how they were gathered and the dye techniques used
- Exploring your kit and trying out stitches to create a stitch sample
- Folding, stitching and filling your 'first-go' piece.
- Deciding on your design and making a start.

**There will be an optional follow-up session on the 24<sup>th</sup> May at 6pm providing support and opportunity for those who would like to share their results 😊**

**You will need:**

- A small basic selection of needles, pins, sharp scissors and a ruler.
- If you are already a stitcher, you may have things you might like to work into your design.
- A teaspoon for filling your bags. I repurpose a butter tub which I decant the lavender into and keep the spoon in so I don't lose it!
- A shallow, flat container to decant your beads – a small bottle or jam-jar top may do for this.

Field Notes